



13 January 2023

**FAO: parent/carers.**

Dear Sir/Madam

**RE: School Nurse Health Reviews**

Solutions 4 health provides your School Nursing Service which aims to promote a healthy lifestyle for school aged children between the ages of 5-19 following the healthy child program.

Every primary school has a named school nurse who is qualified to provide age appropriate advice, support or signposting on a range of health issues that may affect your child, this could include:

- General health and growth
- Dental hygiene and oral care
- Hearing and speech
- Exercise
- Smoking and drugs education
- Bullying
- Long term health conditions
- Eating and nutrition
- Bedwetting and soiling
- Puberty
- Healthy Relationships
- Mental Health and Emotional Wellbeing
- School absence
- Being a Young Carer

The school nursing team use [‘The Lancaster Model’](#) of support for school aged children in Reception and Year 6. The Lancaster Model has been shown to improve health and wellbeing outcomes for children and young people resulting in improved educational attainment and achievement.

**What are the benefits for my child?**

These reviews will use your child’s voice to identify individual health needs and allow our team to provide individual, small group or year group health and wellbeing sessions to meet the needs of your child.

Health and wellbeing needs that are identified at their earliest presentation will enable your child to receive help at the earliest opportunity from the most qualified health professional and as such prevent problems from getting worse.

Your child will be able to express their needs in a safe and age-appropriate way, as such they will develop their health knowledge and make positive health choices.

**Children not in Reception or Year 6**

All children in a Slough school have access to the school nursing team. Children can be referred for health advice or support by parents/carers, education staff and other professionals. Where a referral is made by an education or other professional consent will be gained from the parent/carer, children will not be seen without parental consent.

Should you wish to refer your child to our service, a member of the School Health Team will be available via our duty line between 09:00 – 17:00 every weekday, please call 01753 373464 / 0800 7723578. You can also visit our [website](#) or email us at [solltd.publichealthnursing4slough@nhs.net](mailto:solltd.publichealthnursing4slough@nhs.net), using the subject title **‘School Nurse Referral’**. You will need to give us your child’s name, date of birth, NHS number (if known) and school they attend along with the health concerns you have.





### What if I have questions?

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We look forward to working in partnership with you,

*Heather Bartlett*

**Heather Bartlett,**

**0-19 Team Lead -Specialist Community Public Health Nurse (School Nursing).**

*To empower Families in our Community to find Solutions 4 Health and Wellbeing*

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[www.publichealthnursing4slough.co.uk](http://www.publichealthnursing4slough.co.uk) | [www.solutions4health.co](http://www.solutions4health.co).

Solutions 4 Health provide NHS based services for all children and young people attending a Slough school.

