

12 January 2023

FAO: parent/carers.

Dear Sir/Madam

RE: School Nurse Health Clinic

Solutions 4 health provides your School Nursing Service which aims to promote a healthy lifestyle for school aged children between the ages of 5-19 following the healthy child program.

Every secondary school has a named school nurse who is qualified to provide advice, support or signposting on a range of health issues that may affect your child, this could include:

- General health and growth
- Dental hygiene and oral care
- Hearing and speech
- Exercise
- Smoking and drugs education
- Bullying
- Long term health conditions
- Eating and nutrition
- Bedwetting and soiling
- Puberty
- Healthy Relationships
- Mental Health and Emotional Wellbeing
- School absence
- Being a Young Carer

The School Nursing team offer every secondary school student the ability to access advice and support directly through our drop-in service. The ability to drop-in and see a School Nurse gives pupils an opportunity to receive information and support on subjects which often concern them, and for which they sometimes find it difficult to ask for help. For this reason, confidentiality will be maintained unless we assess that there is a significant risk to your child's wellbeing in which case we follow our local safeguarding procedures. In addition, we would like to reassure you that we provide evidence-based guidance for young people and at every visit encourage them to share their health needs with you as their parent/carer.

The drop-in service is held fortnightly during term time.

Should you wish to refer your child to our service, a member of the School Health Team will be available via our duty line between 09:00 – 17:00 every weekday, please call 01753 373464 / 0800 7723578. You can also visit our [website](#) or email us at solltd.publichealthnursing4slough@nhs.net, using the subject title 'School Nurse Referral'. You will need to give us your child's name, date of birth, NHS number (if known) and school they attend along with the health concerns you have.

We look forward to working in partnership with you.

Yours sincerely,

Heather Bartlett,

**0-19 Team Lead – Public Health Nursing 4 Slough
Specialist Community Public Health Nurse (School Nursing and Health Visiting)**

